

## APPLY FOR VISA TO ENTER THE MURMANSK REGION

### CHOOSING VISA TYPE & TRAVEL PURPOSE

VISA TYPE: ➔ **TOURIST VISA**

TRAVEL PURPOSE: TARGETED TOURISM

VALIDITY PERIOD: Up to 30 days

SUITABLE FOR: Foreign citizens traveling for tourism purposes within a special tour focused on medical consultations and medical examinations.

VISA TYPE: ➔ **BUSINESS VISA**

TRAVEL PURPOSE: MEDICAL TREATMENT

VALIDITY PERIOD: Up to 90 days

SUITABLE FOR: Foreign citizens traveling to receive medical treatment, examinations, and consultations at the invitation of healthcare institution (except for targeted tourism for medical treatment) and emergency treatment.

VISA TYPE: ➔ **PRIVATE**

TRAVEL PURPOSE: SPECIAL CASES

VALIDITY PERIOD: Up to 90 days

SUITABLE FOR: Foreign citizens traveling for emergency treatment or due to a serious illness or death of a close relative.

## ASSISTANCE IN PREPARING DOCUMENTS REQUIRED FOR ENTERING THE RUSSIAN FEDERATION

### PREPARING AN INVITATION LETTER REQUIRED FOR ENTERING THE RUSSIAN FEDERATION

Medical institution that confirmed the availability of your treatment can provide you with an invitation letter required for your visit to Russia, as well as carry out your migration registration. For more information, please contact the institution you have chosen.

### PREPARING DOCUMENTS REQUIRED FOR OBTAINING THE VISA BY THIRD PARTIES

If a tour operator or an assisting organization is responsible for your medical treatment in Russia, please ask the organization's staff to prepare documents required for visa.

**Welcome to Russia!**  
**Welcome to Murmansk!**

## USEFUL TELEPHONE NUMBERS

Single emergency number  
**112**

Federal Migration Service hotline  
for the Murmansk region

**8 (800) 350 23 69**

To report violations of law and offenses  
against public order in the Murmansk region

On-duty unit of the Directorate of the Russian Ministry  
of Internal Affairs for the Murmansk region  
**8(815-2) 40-72-77**

# EXPORT OF MEDICAL SERVICES OF THE MURMANSK REGION



**HOW TO RECEIVE  
MEDICAL CARE  
IN THE MURMANSK REGION?**

## MEDICAL CARE IN THE MURMANSK REGION MEANS:

- HIGH QUALITY** High quality medical care compliant with international standards
- BEST DOCTORS** Qualified medical experts with international experience
- REASONABLE PRICES** Competitive prices for a wide variety of healthcare services
- INSIGHT INTO THE REGION'S CULTURE** Get to know sights of the murmansk region and learn about its traditions

## PROVISION OF MEDICAL CARE

Both inpatients and outpatients can receive medical care in the Murmansk region. The following healthcare institutions will assist a patient in choosing treatment options according to the patient's request:

1. State Regional Government-Financed Healthcare Institution (SRGFHI) "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>
2. SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
3. SRGFHI "Murmansk Regional Children's Clinical Hospital" [mdgb@com.mels.ru](mailto:mdgb@com.mels.ru)

## PROVISION OF MEDICAL CARE:

### OUTPATIENT TREATMENT

Have an examination in 1-2 days during your visit to the Murmansk region.

### INPATIENT TREATMENT

Choose a healthcare institution in the required field and come to the Murmansk region for a planned hospitalization.

Learn more at the web site of the healthcare institution you have chosen.

## HOW TO GET MEDICAL ASSISTANCE IN THE MURMANSK REGION

- 1 Choose a healthcare institution
- 2 Contact the institution for confirmation
- 3 Choose an accommodation and transportation mode
- 4 Obtain the visa

## CHOOSE A HEALTHCARE INSTITUTION ACCORDING TO YOUR MEDICAL NEEDS

### FIELDS OF MEDICAL CARE AND SPECIALIZED HEALTHCARE INSTITUTIONS IN THE MURMANSK REGION

- ➔ **CARDIOLOGY**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
- ➔ **TRAUMATOLOGY AND ORTHOPEDICS**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
- ➔ **OPHTHALMOLOGY**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
- ➔ **GYNECOLOGY AND OBSTETRICS**  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
- ➔ **CHILDREN'S HEALTH**  
SRGFHI "Murmansk Regional Children's Clinical Hospital" [mdgb@com.mels.ru](mailto:mdgb@com.mels.ru)
- ➔ **NEUROLOGY AND NEUROSURGERY**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>
- ➔ **THERAPY AND SPECIALIZED MEDICINE**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
- ➔ **REHABILITATION**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>
- ➔ **ENDOCRINOLOGY**  
SRGFHI "Murmansk Regional Clinical Hospital named after P.A. Bayandin" <https://mokb51.ru/>  
SRGFHI "Murmansk Regional Clinical Multi-Field Center" <https://bsmp51.ru/>

## CONTACT A REPRESENTATIVE OF A HEALTHCARE INSTITUTION TO DETERMINE THE TREATMENT OPTIONS AND DOCUMENTS PREPARATION PROCEDURE FOR YOUR VISIT TO THE MURMANSK REGION

1. VISIT HOMEPAGE OF A SPECIALIZED HEALTHCARE INSTITUTION
2. FIND INFORMATION ON THE WEBSITE
3. SEND AN INQUIRY VIA E-MAIL OR CALL THE INSTITUTION
4. AFTER GETTING A CONFIRMATION FOR MEDICAL TREATMENT, FOLLOW THE RECOMMENDATIONS OF A HEALTHCARE INSTITUTION TO PREPARE THE RELEVANT DOCUMENTS

## CHOOSE ACCOMMODATION AND TRANSPORT FOR A PLEASANT STAY IN THE MURMANSK REGION

### TRANSPORT

Arriving by plane:  
Murmansk Airport



#### TAXI

Use taxi service in Russia via applications available for your mobile phones: YANDEX, TAXI, VEZYOT.



#### PUBLIC TRANSPORT

Leaving the airport. Routes: Bus and minibus No. 106 (see the timetable at [muranbus.ru](http://muranbus.ru))



### ACCOMMODATION

Outpatients can pick a comfortable accommodation of their choice at:

<https://www.booking.com/>  
<https://www.tripadvisor.com/>  
<https://www.airbnb.com/>